Lewisham Speaking Up Staying in Touch



We know the coronavirus is making lots of people worried. We are here to help all people with learning disabilities get through this together.



Lewisham Speaking Up is still working.

We are using phones and computers to do our work while the office is closed.

These are some ways we can help:



- Help you to find easy read information



- Help to answer your questions



- Help you to stay in touch with people



- Help you to stay safe online



We would like to do some speaking up groups online so your voice can be heard. Let us know what you want to talk about on social media.

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We cannot meet you face to face but all of our advocacy projects are still working:

- 121 Advocacy for long-term, on-going issues
- Advocacy Surgery for help with one-off letters, phone calls or basic forms
- Advocacy for victims of Crime & Hate Crime

Please get in touch if you think we could help.



We will be calling people on the phone to see how they are.

Let us know if you would like someone to call you for a friendly chat.

How to stay in touch



You can phone us on 07759 410907



You can email us at info@lsup.org.uk

Follow us on Facebook, Instagram and Twitter