LEWISHAM CARERS INFORMATION
Advice and Support (IAS) Service

carerslewisham
transforming carers' lives

Come rain, shine or global pandemic, we're still here for you.

Just because we're all stuck inside doesn't mean we are on our own. Lewisham Carers continue to support carers through our groups. Join us on Zoom, information below.



info@helpingcarersinlewisham.org.uk

07391405580	07391405579	07387100984	07387100983	
Neighbourhood 1	**Neighbourhood 2**	**Neighbourhood 3**	**Neighbourhood 4**	**Male Carers Meeting**
North Lewisham Carers Support Group	East Lewisham Carers Support Group	South Lewisham Carers Support Group	West Lewisham Carers Support Group	Male Carers Support Group
Every Tuesday	Every Wednesday	Every Wednesday	Every Tuesday	Every Thursday
1pm - 2pm	2pm - 3pm	11.30 -12.30am	10.30 - 11.30am	10.30-11.30am