The Future Is Up to Us

Queer Futures – An LGBTQ+ arts project

Do you identify as LGBTQ+ or are you questioning your gender or sexuality? Are you 14 to 18 years old and living in Lewisham?

Join us for a series of free queer world comic making workshops run in partnership with Metro, Lewisham Council and artist Lily Ash Sakula.

You'll be making ZINES! They are simple and fun to do magazines. You'll meet other LGBTQ+ folks and all resources and materials will be provided.

The sessions are open to all, and will take place on ZOOM from 4.30-5.30pm on 9, 15, 23 and 30 November.



To take part email **rosanna.durham@metrocharity.org.uk**



Nominations are now open for the Lewisham Mayor's Awards 2020

This year's awards will recognise all the amazing people who live, work or study in Lewisham, who have helped in the borough's response to COVID-19.

If you know an individual, young person, community or faith group, voluntary organisation, local charity or business who has made a difference during the pandemic, please nominate them for a Mayor's Award. This could include helping a neighbour, volunteering, donating money and food, starting a local support group, or a business which has redirected its services and goods, plus many more.

You can either

Make a nomination online at **https://lewisham.gov.uk/mayorandcouncil/mayor/mayor-s-award-for-volunteering**

Or contact liam.o'dohertylovely@lewisham.gov.uk or 0208 314 7733 for a paper nomination form.

Supported by Lewisham · Lewisham Local · Lewisham Homes · Phoenix · Goldsmiths University of London

Help and Advice

Lewisham Covid-19 Response Hub
www.lewishamlocal.com 03330 150378

Health
GP Surgeries - phone or contact online
Urgent 24 hour medical help at www.111.nhs.uk or call 111
In an emergency always call 999

Cruse Bereavement Support
0808 808 1677

National 24 hour Domestic Violence Helpline 0808 2000 247

Mental Health support 24-hours
Samaritans phone 116 123
Mental Health Crisis 0800 731 2864
SHOUT text 'SHOUT' to 85258
YOUNG MINDS text 'YM' to 85258
Kooth for 11-25 year-olds visit www.kooth.com

More helplines and support at www.lewisham.gov.uk
Email incident@lewisham.gov.uk
or call 020 8314 3535

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WE ARE LEWISHAM

#It's More Than a Month: A film by the people of Lewisham

Watch this brand new film online for free which was made to celebrate Black History Month 2020.

#itsmore thanamonth

'#It's More Than A Month' is a documentary film made to celebrate this year's Black History Month and the contribution of our black communities and their incredible journeys.

We hoped to celebrate the lives, achievements and memories of those who have made Lewisham their home, recording these moments in a film for future generations. It's more important than ever this year that our community's voice is heard.

To watch online for free and find out about more activities you can take part in, visit our Black History Month 2020 page at **https://www.iamlewisham.uk/its-more-than-a-month-film**

Heart n Soul welcome you to join their inclusive festival



The Beautiful Octopus Club Festival will be taking place online throughout November! Over 4 weeks and across 8 events, it will be a chance for everyone to come together for a one-of-a-kind experience. Expect music, art, DJs, radio and more!

Highlights include: DJ club nights, live music performances, art exhibitions, meditation and soundscapes, baking with Beyonce and a Heart n Soul x Soho Radio Takeover

2020 has been a year like no other. So join Heart n Soul for The Beautiful Octopus Club Festival - dance, laugh, get creative and immerse yourself in our world. Because getting together makes everyone feel better!

Heart n Soul believes in the power and talents of people with learning disabilities.
To get involved and find out more go to **https://www.heartnsoul.co.uk/boc-page**

Please email cultural.development@lewisham.gov.uk to tell us if you enjoyed any of the featured projects.
Phone 0208 314 9608 or text 07392 860 205 if you would like help to get creative at home and don't have internet access.

Lewisham